



YOUR GASTROSCOPY (EGD) IS SCHEDULED FOR:

Date of Procedure: _____ Time: _____

Gastro Health Physician: _____

Arrival Time: _____

MetroWest Medical Center
115 Lincoln St.
Endoscopy Department, 1st Floor
Framingham, MA 01702

Boston Endoscopy Center
175 Worcester St.
Wellesley, MA 02481

Charles River Endoscopy
571 Union Ave.
2nd Floor, South Entrance
Framingham, MA 01702

When this procedure was scheduled, the insurance on file for you was: _____

Appointments missed or cancelled with less than 5 days’ notice will result in a \$150 fee in accordance with applicable office policies. There may also be a fee charged by the endoscopy facility.

DAY BEFORE – DO NOT CONSUME SOLID FOOD AFTER 10 PM; YOU MAY HAVE CLEAR LIQUIDS UP UNTIL 4HRS PRIOR TO YOUR PROCEDURE

*With the exception if you take a GLP-1 medication, see below for instructions.

PLEASE REVIEW THE INSTRUCTIONS **AT LEAST 1 WEEK PRIOR** TO THE PROCEDURE.

It is important that you follow all instructions in this packet carefully.

- If you are taking any blood thinners **AND** this was **NOT** discussed with your doctor’s office at the time of scheduling the procedure, **please call us at least 5 days BEFORE** starting the preparation. These include, but are not limited to, **Coumadin-(Warfarin), Plavix-(Clopidogrel), Xarelto-(Rivaroxaban), Pradaxa-(Dabigatran), Eliquis-(Apixaban), Arixtra-(Fondaparinux), Effient-(Prasugrel).**
- If you are taking any **Insulin** **AND** this was **NOT** discussed with your doctor’s office at the time of scheduling the procedure, **please call your prescribing physician at least 5 days BEFORE** starting the preparation.
- You must **stop any iron preparations** (including in Multivitamins) for **5 days BEFORE** the procedure.
- If you are taking any of the following **GLP-1 medications**: *Dulaglutide-(Trulicity), Liraglutide-(Saxenda), Exenatide-(Byetta, Bydureon Bcise), Tirzepatide-(Mounjaro, Zepbound), Semaglutide-(Ozempic, Wegovy, Reybelsus), Lixisenatide-(Adlyxin), Albiglutide-(Tanzeum),* **you must consume clear liquids ONLY for 24h prior to your scheduled procedure. NO SOLID FOOD! This is new! Failure to follow this instruction will result in your procedure being cancelled and all cancellation fees being charged.**
- **IF YOU ARE DIABETIC, DO NOT** take your diabetic pills the day of the endoscopy.
- **YOU MUST CONTINUE TO TAKE ALL** your other medications every day prior to the endoscopy. It is **OK to take them with a small sip of water** on the day of your endoscopy.
- You can **continue** aspirin, Tylenol and any NSAIDS (Ibuprofen, Motrin, Aleve, Naproxen, Celebrex, Mobic).
- Please plan to have someone drive you home after the procedure. **You will not be allowed to drive yourself home. You cannot take an Uber, Lyft, taxi, or public transportation home** from your procedure without an adult companion.

Please call us if you have any questions or if you are having difficulty with the preparation 508-620-9200.