

GREATER BOSTON GASTROENTEROLOGY

o George Dickstein, MD FASGE

o Andres D. Mogollon, MD

Facsimile: (508) 620-6483

Phone: (508) 620-9200

Website: www.greaterbostongi.com

PREPARATION FOR ERCP - (Endoscopic Retrograde CholangioPancreatography)

You are scheduled for an ERCP on: _____ at: _____.

Please report to the location checked below at: _____.

MetroWest Medical Center

115 Lincoln Street

Endoscopy Dept. 1st Floor

Framingham, MA 01702

1. It is extremely important that you make arrangements to have a responsible adult available to take you home after your procedure. **You may not drive yourself home after the test.** If you take a cab, someone must ride home with you in the cab (in addition to the cab driver). This is a policy that is strictly enforced for your safety. **No exceptions** are made unless you plan to undergo the procedure without sedation. If you wish to do this, you should discuss with your doctor in advance.
2. You must have the entire day off, no working, no driving, and no plans. You will receive sedatives for your procedure. As you recover from the sedatives, you should not go back to work or school and you should not make important decisions. If you normally care for children or disabled relatives, get help with these responsibilities on the day of your test.
3. **Important** –Do not stop taking any medicine that a doctor has asked you to take without talking first with that doctor. He/she may want you to continue to take the medicine even during your preparation for procedure. If this is the case, please **let us know** as special arrangements, including a possible pre-procedure office visit may be necessary. Your prescribing physician may need to speak to one of our doctors. This is particularly **important** for patients on **insulin** or other diabetes medications and those on **Pradaxa, Coumadin, Warfarin, Plavix, Eliquis, Xarelto, Apixaban, Dabigatran, Clopidogrel or Rivaroxaban** . Do not assume that it is safe to stop one of these medications even if you have done so before.
4. A \$150.00 cancellation fee will be billed directly to the patient for any appointment not cancelled with a 48 hour notice.

When this procedure was scheduled, the insurance on file for you was: _____

If your insurance changes, you must notify the office at 508-620-9200 at least 14 days prior to your procedure.

You will be responsible for any charges due to lack of correct insurance information.

YOU MUST COMPLETE THE ATTACHED FORMS AND BRING WITH YOU:

1. PRE PROCEDURE ASSESSMENT FORM
2. CURRENT MEDICATIONS LIST

If you know that you have a heart murmur or an artificial heart valve, please make sure we are aware of this, as antibiotics are often necessary to prevent infection.

There are some very important facts that you need to be aware of:

- 1) If you take **Coumadin or Warfarin**, in general it will need to be discontinued 5 days before the procedure.
- 2) If you take **Plavix**, in general it will need to be discontinued 7 days before the procedure.
- 3) If you take **Pradaxa, Eliquis or Xarelto**, in general it will need to be discontinued for 2 days before the procedure (3 days if you are on dialysis).
- 4) **Important** – do not stop taking any medicine that a doctor has asked you to take without talking first with that doctor. He/she may want you to continue to take the medicine even during your preparation for procedure. If this is the case, please let us know as special arrangements, including a possible pre-procedure office visit may be necessary. Your prescribing physician may need to speak to one of our doctors. This is particularly important for patients on insulin or other diabetes medications and those on **Pradaxa, Coumadin, Warfarin, Plavix, Eliquis, or Xarelto**. Do not assume that it is safe to stop one of these medications even if you have done so before.
- 5) **Important** – you must notify the office if you take any narcotics like Percocet, oxycodone, methadone, morphine and or suboxone.
- 6) You should continue taking all other regular medications, even on the day of the examination.
- 7) If you have **Diabetes**, preparing for a procedure involves some temporary changes in your diet. It is important that you know how to adjust your insulin or your oral medicines during this time.
 - If you take oral diabetes medication for your diabetes, you should not take it the day before or the night before your procedure. Please consult your doctor when to resume your oral diabetes medication after your procedure.
 - If you take Insulin, you **MUST** consult the doctor who takes care of your diabetes for any temporary changes to your insulin dosing.

PREPARATION:

1. You can take clear liquids (**EXCEPT FOR JELLO**) up to six hours before the procedure. If you do not Stop clear liquids 6 hours prior to your procedure, your procedure may be delayed or cancelled.

Clear Liquid Diet:

The following items are those that may be used in a **CLEAR LIQUID** diet: Broth, Bouillon, Ginger ale, Sprite, 7-up, Apple juice, White grape juice, Water, Popsicles, (no red or purple colored, no fruit or cream added) Black coffee or tea (may have sugar but no milk or cream)